



MISSOULA CITY-COUNTY HEALTH DEPT.

PREVENT T2

Provider of the National Diabetes Prevention Program

STARTING SEPTEMBER 21, 2022
WEDNESDAYS: 4 PM - 5 PM
VIRTUAL VIA ZOOM

Reach your WELLNESS goals & PREVENT chronic disease through our one-year lifestyle change program!

To join our group classes, call 406-258-4935 or email cchase@missoulacounty.us

Classes covered in full by Medicare, Medicaid, Missoula County and City Health Insurance Plans.
Scholarships available!