

Alternative Medicine Benefit

Updated December 2020

- **Acupuncture**
- **Biofeedback/neurofeedback**
- **Body talk**
- **Compound pharmaceuticals from a licensed pharmacist**
- **Massage therapy**
- **Phototherapy light boxes**
- **Portable air cleaner (max one per plan year)**
- **Rolfing therapy**
- **Weight loss program overseen by a medical professional (max one per plan year)**

ALTERNATIVE MEDICINE SERVICES APPLY TOWARDS THE DEDUCTIBLE. COVERED EXPENSES ARE PAID AT 70 % OF THE MAXIMUM ALLOWANCE, UP TO A COMBINED MAXIMUM OF \$750 EACH BENEFIT YEAR.